

2015-2016 Grand Rounds Series Presented by

Psychiatry and Behavioral Sciences Department



Brian McGregor, Ph.D.

Assistant Professor of Clinical Psychiatry

Division of Health Policy, Satcher Health Leadership Institute

"Motivational Interviewing"

October 28, 2015 12:00 p.m. – 1:00 p.m. Buggy Works Building 1513 East Cleveland Avenue, Bldg. 100-A Suite 100

Learning Objectives

At the end of this presentation participants will be able to:

- 1. Describe the philosophy of motivational interviewing and the literature supporting its efficacy and effectiveness
- 2. Identify motivational interviewing techniques that have demonstrated success with increasing motivation and resolving ambivalence about behavior change
- 3.Understand the value of motivational interviewing techniques as tools available to healthcare professionals for achieving clinical goals

Speaker Disclosure(s): None

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