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## 2015-2016 Clinical Preventive Medicine Lecture Series Presented by

Department of Community Health and Preventive Medicine



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Atlanta, GA

## Sleep Alertness and Fatigue Education in Residency

Friday, October 23, 2015

1:00 PM – 2:00 PM

National Center for Primary Care, Room 325/340

### ***Learning Objectives***

**At the end of this presentation, participants will be able to:**

- 1) List risk factors for sleepiness and fatigue.
- 2) Describe the impact of sleep loss on residents' personal and professional lives.
- 3) Discuss and adapt alertness management tools and strategies.

### **Speaker Disclosure(s):**

Morehouse School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to sponsor continuing medical education for physicians.

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