

CASE WESTERN RESERVE UNIVERSITY SCHOOL OF MEDICINE

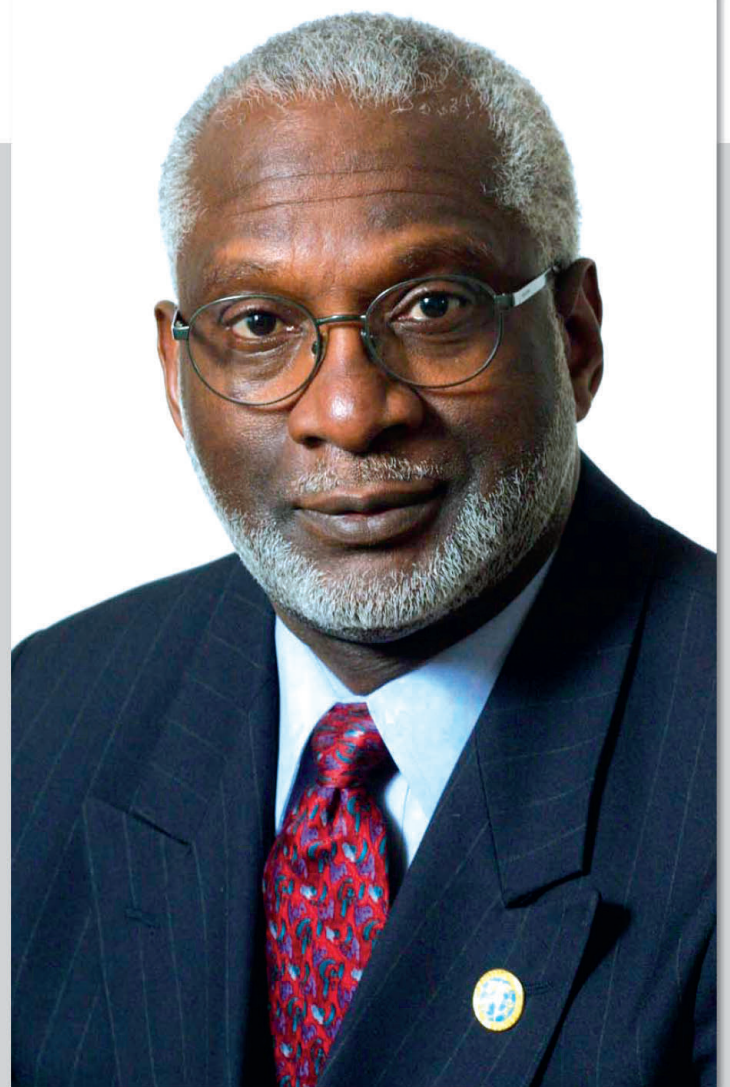
DEAN'S DISTINGUISHED LECTURE

FRIDAY, OCTOBER 9, 2015 ■ 4 P.M.

***Revisiting the Surgeon General's Prescription:
A Community of Health and Wellness***

David Satcher, MD, PhD [MED '70, GRS '70], first released the Surgeon General's Prescription for Health and Wellness in 1999 at the World Conference on Health Promotion and Disease Prevention. This prescription consists of recommended practices for healthy lifestyles, including physical activity, nutrition, avoidance of toxins, responsible sexual behavior and stress management. World Health Organization (WHO) Commission on Social Determinants of Health, on which he served for four years, presented its report to the WHO in 2009 and WHO officially released it to the world shortly thereafter.

The social determinants of health are the conditions in which people are born, grow, learn, work, age and die. Factors such as education, income, environment, and violence are included. When viewed in the context of the social determinants of health, the Surgeon General's Prescription must consider the opportunity that one has to engage in behaviors such as being physically active in a safe place, acquiring nutritious foods, or engaging in responsible sexual behavior. As stated in the Commission on Social Determinants of Health's final report, changes in these conditions in which people live often require policy changes.



FEATURING
**DAVID SATCHER, MD, PHD
[MED'70, GRS '70]**

Iris S. & Bert L. Wolstein Research Building - Auditorium
Case Western Reserve University School of Medicine
2103 Cornell Road, Cleveland, Ohio 44106



SCHOOL OF MEDICINE
**CASE WESTERN RESERVE
UNIVERSITY**

RSVP to Jessica Roloff ■ 216.368.2574 ■ somalumni@case.edu
Reception to follow ■ Valet Parking Available