

Dr. L. Ray Matthews Pioneering Vitamin D Research Assists Three Former MLK High School Athletes to U.S. Olympic Track and Field Trials



DR. L. RAY MATTHEWS - Associate Professor of Surgery

Former **MLK High School** student athletes, teammates, and All-American sprinters **Felicia Brown** (*University of Tennessee*, 100 and 200 meters); **Jordan Moore** (*Louisiana State University* – 110 meter hurdles); and **Jada Martin** (*Louisiana State University* – 200 meters) --all three of whom have benefitted from Dr. L. Ray Matthew's pioneering vitamin D research which helps reduce sports injuries and improve athletic performance, have been invited to run in the **U.S Olympics Track and Field Trials in Eugene, Oregon, July 1** – **10, 2016.** All three sprinters had to run one of the top 30 fastest times in the country over the past year to qualify. Student athletes at MLK on Matthews' Vitamin D Nutrition program are highly recruited by top colleges throughout the country. Matthews has also pioneered research in reducing concussions in sports using vitamin D.

Dr. Matthews states that, "I am very proud of all of the vitamin D student athletes from MLK who have set the standards very high academically and athletically. Over the past five years, 85 football players and almost 100 total student athletes from MLK on the vitamin D nutrition program have received college athletic scholarships totaling \$60 million, surpassed a 90% graduation rate, and concussions reduced almost 100%. In addition, they are dominating in the Southeastern Conference (SEC) in football and track. The SEC is the most competitive conference in college sports."



Biography: http://www.lsusports.net/ViewArticle.dbml? DB_OEM_ID=5200&ATCLID=209847073



Felicia Brown

Biography: http://www.utsports.com/sports/c-xctrack/mtt/ felicia brown 818543.html



Jada Martin

Biography: http://www.lsusports.net/ViewArticle.dbml? DB_OEM_ID=5200&ATCLID=206930762