



Postdoc Allison Brager and her teammates of Crossfit Terminus will be competing against 40 teams from across the world in the Reebok Crossfit Games July 23-July 27th to be held in Los Angeles, CA. Emily Bridgers of Crossfit Terminus will also be competing for title of "Fittest on Earth." She was sixth last year and projected for a top three finish this year!

Team Terminus events can be watched live on ESPN 3. Emily will be on ESPN and ESPN 2

Team Terminus

Wednesday (Redondo Beach): 12-3 pm EST

Friday, Saturday, Sunday (Home Depot Center): 12-3 pm

Emily

Friday, 7-10 pm on ESPN 2

Saturday, 3-6 pm on ESPN

Sunday (finals), 3-5 and 7:30-9 pm ESPN 2