

Psychiatry and Behavioral Sciences



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“Motivational Interviewing”

*February 25, 2015
12:00 p.m. – 1:00 p.m.
Buggy Works Building
1513 East Cleveland Avenue, Bldg. 100-A
Suite 100*

Learning Objectives

At the end of this presentation participants will be able to:

1. Describe the philosophy of motivational interviewing and the literature supporting its efficacy and effectiveness
2. Identify motivational interviewing techniques that have demonstrated success with increasing motivation and resolving ambivalence about behavior change
3. Comprehend the value of motivational interviewing techniques as tools available to healthcare professionals for achieving clinical goals

Speaker Disclosure(s): None

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