



SHLI staff member, Sayon Cooper, has been named Head Coach for both the Liberia Track & Field Federation and Liberia National Olympic Track & Field Team and will be leading a group of Liberia's best athletes at the 2016 Summer Olympic Games in Rio de Janeiro, Brazil. Prior to the summer games, he will coach the team through the African Championships in Durban, South Africa.

In addition to coaching the Liberian team, Sayon will be coaching U.S. sprinter [Candace Hill](#) (America's youngest track athlete to sign a professional contract) at the U.S. Olympic Trials in Eugene, Oregon with hopes that she makes the U.S. Track & Field Olympic Team and also compete at the summer games.

[Sayon](#) is no stranger to the Olympic Games; he represented Liberia at the 1996 & 2000 Summer Olympics, competing in the Men's 100m, 200m, and Men's 4 x 100m relay. He also competed at the World Championships in 1997, 1999, 2001 and 2003 as well as the World Indoor Championships in 1999 and 2001.