

2015-2016 Grand Rounds Series
Presented by

Department of Community Health and Preventive Medicine



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**Medical Nutrition Therapy in the Prevention
and Management of Chronic Diseases**

Friday, April 8, 2016
1:00 PM – 2:00 PM
National Center for Primary Care, Room 325/340

Learning Objectives

At the end of this presentation, participants will be able to:

1. Discuss the principles of medical nutrition therapy for chronic kidney disease management.
2. Identify key DASH diet nutrients commonly found in the African American diet to help manage hypertension and reduce risk for cardiovascular disease.
3. Define a healthy eating plan to keep blood glucose levels within target range for individuals with pre-diabetes and diabetes.

Speaker Disclosure(s): None

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