

2014-2015 Grand Rounds Series Presented by

## **Department of Pediatrics**



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Sleep Alertness and Fatigue Education in Residency

April 2, 2015 7:30AM – 8:30AM Emory, FOB, Room 123, 49 Jesse Hill Jr., Drive, Atlanta, Georgia

## Learning Objectives

## At the end of this presentation participants will be able to:

1)List factors that put you at risk for sleepiness and fatigue2)Describe the impact of sleep loss on residents personal and professional lives3)Adapt alertness management tools and strategies

## **Speaker Disclosure(s): NONE**

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