

## College of Medicine

# *Prescription for Success*

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### Freshman Year

- Visit your school's pre-med health advising office to learn about applying to medical school.
- Join and actively participate in a student pre-med organization while in college.
- Generate a four-year academic program with your academic advisor-pay attention to scheduling courses needed for entry to medical school.
- Establish good study habits and begin to establish a strong GPA.
- Start to build a consistent history of research, medical clinical-related volunteerism, and activities-continue to participate throughout your undergraduate college years.

### Sophomore Year

- Begin to research medical school requirements; attend an annual medical school forum in your area.
- Start planning to cover health professional school application and MCAT cost.
- Begin to consider MCAT preparation methods.
- Continue volunteer work, research, and clinical shadowing opportunities.
- Use the summer for volunteers, shadowing, research, work, classes, study abroad, and summer programs; consider visiting medical schools of high interest.

### Junior Year

- Continue to participate in research and volunteer opportunities.
- Prepare for the MCAT.
- Be sure you are completing the required course work for medical school admissions.
- Register for MCAT; take initial MCAT no later than August of the summer between your junior/senior year
- Start AMCAS application.

### Senior Year

- Review and apply for scholarships to finance medical school.
- Continue to excel in research, volunteer activities, clinical experience, and extra-curricular involvement.
- Prepare to travel to interviews especially if out-of-state.
- Provide significant updates and fall semester transcripts to medical schools of interest where an interview has not been offered.