



YOUNG ADULT
MENTAL HEALTH WORKER
TRAINING PROGRAM

Young Adult Mental Health Worker Training Program

The Young Adult Mental Health Worker Program is 100% virtual and explores the meaning of mental health along with core strategies to respond to and mitigate mental illness.

[*Click here to download our digital packet to learn more.](#)

Objectives

- Increase the number of trained young adult mental health workers to assist with community mental health programs in underserved communities
- Support and promote the Young Adult Mental Health Worker field
- Promote mental health education and mental health literacy
- Assist trained Young Adult Mental Health Workers with the design and implementation of community-based mental health initiatives
- Provide health monitoring and health literacy activities to underserved communities

During the Young Adult Mental Health Worker program, students undergo a 6-month training utilizing the Morehouse School of Medicine Digital Learning Curriculum. The training includes a combination of virtual shadowing experiences, self-guided and facilitated curriculum activities,

and interactive virtual sessions led by medical and public health professionals. Upon successfully completing program requirements, students receive a certificate of completion.

Competencies

Role of MHW	Public Health & Bioethics	Cultural Competency
Insurance Navigation	Confidentiality & Privacy	Community Assessment
Community Mental Health	HIPPA & SBE Training	Integrative Health
Social Determinants	Public Speaking	Chronic Disease
Barriers to Compliance	Motivational Interviewing	Advocacy
Case Management	Mental Health Monitoring	Nutrition

Eligibility

Participants between the ages of 16-24 years old.

The program includes online instruction and materials, facilitated sessions, virtual field training, continuing education during the school year (monthly), and a competency exam. Students will need a smart phone, computer or tablet, and internet access.

Applications

Applications are due November 30th 2022.

Contact Us

For more information about the program including admission and start dates, contact:

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